



Saint Paul United Methodist Church
1320 Fernwood-Glendale Road
Spartanburg, SC 29307

Non-Profit
Organization
US Postage Paid
Spartanburg, SC
Permit No. 33

e-mail churchsecretary@stpumc.org

The Epistle

www.stp-umc.org **web**

voice (864) 582-4040
Sunday Service at 10:00 A.M.

News For The Weeks Of July 16, 23, & 30,
and August 6, 2018

(864) 583-0850 **fax**

Return Services Requested

Volunteers for July 22, & 29, and August 5, & 12, 2018

	07/22	Wanda Steele
Bread	07/29	Linda Whisnant
Taker	08/05	Lillian Hudson
	08/12	Page Candler
Communion Assistants	08/01	Kermit Williams, Ashley Cooksey
	07/22	Suzanne Seager
Nursery	07/29	Marian Hampton
Aide	08/05	Amy Birch
	08/12	Susan Owens
	07/22	Brenda Ethington
Children's	07/29	TBA
Church	08/05	Marsha Milford
	08/12	Nancy Bane
	07/22	Dan & Linda Cooke
Worship	07/29	Connie Muzzy, Frances Maness
Greeters	08/05	Darrell & Judy Querin
	08/12	Jean Ogden, Marilyn Glasgow
	07/22	Lamar Davis, Mickey Wingo, Sam Foster, Ed Lamb
	07/29	Al Fernandez, Carter Ridgeway, Rick Boss, Cathy Boss
Worship	08/05	Dan Cooke, Linda Cooke, Rick Harward, Stephen Stamm
Ushers	08/12	Jim Hampton, Jay Hampton, Sam Foster, Darrell Querin
	07/22	Danny Scales
	07/29	Jean Ogden
Liturgist	08/05	Lee Owens
	08/12	Bob McFarland
	07/22	Ansley Vereen
Acolyte /	07/29	Madison Cooksey
Crucifer	08/05	Ballenger Cooksey / Natalie Koller
	08/12	Ansley Vereen
	07/22	Phil Womble
Sound	07/29	Jim Hampton
System	08/05	Guy Davis
	08/12	A.D. Page, Jr.
	07/22	Chip Steele
Offering	07/29	Kadi Traxler
Depositor	08/05	Ed Lamb
	08/12	Darrell Querin

Altar Guild - July: Nancy Rayner - Chair; Kay Berkeley, Suzanne Seager, Laurie Wilson, Betty Wilson, Mary Parker
August: Caroline Greer, Ann Karegeannes, Connie Muzzy, Susan Owens

The Pastor's Pen

I hope you have had a chance for some sort of vacation in the recent past. If not, perhaps you are planning one in the near future. When I say vacation, what I really mean is a time of recreation...re-creation. Re-creation may, or may not, have to do with a place. Rather, it is a spiritual expression of one's renewal of spirit. Sometimes, it means reconnecting with the memories of the past with an annual trip to a favorite place, the beach perhaps. Other times, it means getting together with friends whom you haven't seen since your last time of re-creation. For some, vacation means experiencing a new destination or a new activity.

I suspect the best vacation is far more a state of mind than an activity or place. It is a stepping back from the everyday demands and stressors of life in order to focus on the beauty and relationships in life. This, of course, is possible wherever you are. It may be an extended period of time, or one of short duration.

Vacation means different things for different people. Some like to go on vacation with family members. For others, that would be the ultimate in stress. Some simply like to get away...others not so much. I once knew a prominent minister who told me he had to take tranquilizers when he went on vacation because he was so stressed by not being at work. I asked him what a real vacation was to him and he responded, "Simply being at home and around the people I love."

Whatever re-creation involves for you, it is important for life. One of the Biblical creation accounts tells us that after creating all that is, God rested and hallowed the Sabbath day. We, too, are told to remember the Sabbath, to keep it holy. Could it be that we are being reminded that a vacation, a time of re-creation, is holy?

As I write this article I am preparing for a week-long vacation. My hope for myself is that it will be a time of re-creation. My hope for you is that you have found, or will be able to find, the same. See you next Sunday.

Hope To See You Soon In
Worship and Sunday School,

Big John



Birthdays

July 19	Veneal Williams
July 20	Larry Owens
July 21	Jon Godfrey, Amy Birch
July 22	Mike Harpe
July 23	Marion Pittman, Tiffany Hampton
July 25	Homer Gary
July 27	Jim Hipp, Rhonda Hatchette
July 28	Beverly Stephenson
July 29	Remsen Parrish, Johnette Smith
August 1	JoAnn Seastrunk, Jane Fore
August 2	Jim Bagnal, Susan Owens
August 5	Shirley Lee, JoAnn Brown
August 8	Cyndi Hutchens
August 9	Vernon Brown
August 10	Shawn Wilson
August 12	Nancy Bane
August 13	Jenny Welter
August 14	Judy Lamb
August 17	Don Wasness, Allen Lassiter
August 18	Louise Horde, Jason Traxler
August 19	Penny Smith
August 20	Mike Byers, Brenda Ethington
August 21	Gregory Koller
August 22	Jody Stewart, Tony Grant, Sam Foster, Andy Jackson, Audra Omer
August 23	Nell Davis
August 27	Suzanne Metts
August 30	Jean Ogden

Upcoming Events

Every Monday	Scouts	6:30pm
Every Wednesday	Choir Practice	6:45pm
Every Thursday	Cub Scouts	6:30pm
Every Sunday	UMYF	4:30pm (unless otherwise noted)
1st Monday of Each Month	Preschool Board Meeting	4:00pm
August 5	UMM Breakfast	7:30am

Children & Youth Birthdays

July 30	Ballenger Cooksey
August 8	Peyton Ravan

A Calling For Preschool Readers!

We are accepting new PRESCHOOL READERS for the 2018-19 school year now. If you have considered this mission opportunity, we would LOVE to have you join the reading team. You could volunteer for once or twice a month, OR you might consider being a substitute and be on an ON CALL list. Readers generally report to the Pre-school on TUESDAYS at 11:15 to read to the 4 year olds, or 11:30 to read to the 3 year olds. THEY WILL LOVE YOU FOR IT! Interested? Please contact Barbara Barnes at 583-4192.

Altar & Narthex Flowers

Altar Flowers are given on July 22nd for the Glory of God by Jean Long and children in honor of Allen Long's 85th birthday!

Altar Flowers are given on July 29th for the Glory of God by Bob and Sandra Powell in memory of their parents.

Narthex Flowers are given on August 5th for the Glory of God by Mary and Bob McFarland in memory of her husband and his father, Reverend Cecil McFarland, honoring his birthday on August 7th.

Altar Flowers are given on August 12th for the Glory of God in loving memory of Melanie May Hoffer by her family.

Financials & Attendance

	<u>June 24</u>	<u>July 1</u>
Received	\$8,272.00	\$15,089.00
Non-Contributed	\$0.00	\$0.00
Restricted	\$2,809.00	\$587.00
Total	\$5,743.00	\$14,502.00
Sunday School	67	63
Worship Service	153	172
	<u>July 8</u>	<u>July 15</u>
Received	\$10,458.79	\$4,534.00
Non-Contributed	\$0.00	\$0.00
Restricted	\$629.00	\$361.00
Total	\$9,829.79	\$4,173.00
Sunday School	67	70
Worship Service	173	137

The Threads Of Agape

will meet at Jane May's house, 650 Rutledge Street, on July 21st from 12:00-2:00pm. Please bring your lunch and your knitting. Visitors are always welcome!

On July 28th,

we are going to have a workday at the preschool. We will be doing some prep work for their shut-down week and changing out light bulbs to LEDs. If you'd like to help us out, please call the church office or sign up on the July 22nd bulletin sign-up sheet. Also, if you have a 6' ladder to bring, it would be greatly appreciated. Thanks!

Prayers and Repairs:

We will be starting a men's prayer group in the Fall. The group will meet for a devotional and prayer time, followed by a time of working around the church and community, for those who are interested. Stay tuned for more details.

Blood Pressure Checks:

One Sunday per month we will have our health care professionals available to check your blood pressure. Hypertension is a controllable condition and regular checks can help us keep watch over our pressure. Stay tuned for more details.

Mobile Meals invites you to join their team of church volunteers to deliver meals to the 1,500 homebound neighbors in Spartanburg. All you need is approximately 1 1/2 hours and an insulated container to transport food. Please call Vivian Tanner at 573-7684 ext.110, to schedule delivery. Meals are picked up in our office at 419 E. Main Street, Spartanburg, between 9-11am, M-F.

"For I was hungry and you gave me something to eat."
Matthew 25:35